



Visit IAPMO Booth W6083



VISION 2020



Visit IAPMO Booth W6083



Adapt and Prosper

at a Darwinian crossroads. It's time to evolve.

ACH OF
ESSAYS ON

ETWEEN

ritical

ng Science:
do with

nance:
v we must

ality:
must
n.

n Lent on
y is just the

ehoe on how
e and

obert
ecome the

g Systems:
Fellow
come-

In response to new environmental pressures, nature adapts rapidly, often within several generations. We humans now find ourselves in a similar predicament. Confronted by a changing environment, we also must adapt, and we must do so quickly in order to achieve carbon neutrality by the year 2030. Those of us committed to changing the business-as-usual aspect of the industry must define a new species of building, one that operates at a scale large enough to affect real change. We are Team 2020—ecohome-reading, LEED AP-ing, GreenSpec-toting, xeriscaping, carbon-sequestering Biomimiacs—and we must act now.

The United States population continues to expand. By 2030 California, Texas, and Florida are projected to each increase by 12 million residents, and across the country new communities with shopping centers, roads, schools, and homes will have replaced farmland. This means that by 2035, 75 percent of our homes will be new or renovated. Thus, we must adapt our conversations and engage the developer—who builds three-quarters of our new homes each year—to meet our 2030 goals. And to engage the profit-driven developer, we need to target strategies with low first costs—those that increase construction costs by 3 to 5 percent, at most.

Who else uses a minimum of resources to maximum advantage? Nature. For example, let's look at the white-tailed deer. As with many species, the northern variety is bigger than its southern cousin and thus has a higher mass-to-surface-area ratio, helping the larger deer to better retain heat. These fundamental laws should also apply to buildings; mass should differ if building in Vermont, Virginia, or Florida.

We can learn a lot from nature. After all, modern science is a yearling compared to nature's 3.8 billion years of research and development. We can find out about thermoregulation from the Australian compass termite, for instance, whose wedge-shaped nest, oriented with the long axis facing north to south, minimizes exposure to intense midday rays. However, we do not currently mirror this simple strategy. Instead, passive solar design is rarely implemented at the community level. Street design, house design, and siting are often blind to solar path: We are left with the same layout, the same window placement, and the same overhangs, with no relation to the cardinal points.



NAHB IBS

Visit IAPMO
Booth W6083



John
ring back

ing Science:
e must
training

nance: Tedd
at we do

Adaptation: Provide More With Less

Recent studies show that it is the pursuit of happiness, not the attainment of it, that makes us happy. Bigger is not better, so we should consider how to actively engage in our environment on a more intimate level. A dogtrot house our firm designed for a Charlottesville, Va., couple, for example, has a covered, open courtyard that connects the living spaces with the wing that houses the bedrooms. It is this courtyard, with its connection to nature, that most attracts the people who live there, and it is that active engagement with nature that enriches their lives.

Adaptation: Think More Efficiently

The building envelope is a key component to reducing energy use, and, relatively new to the U.S. building community, can result in an 80 percent reduction in energy use. The idea behind the Passivhaus program, which was developed in Germany in the 1990s, is to reduce the cost barrier by sealing and insulating the building envelope until the energy needed to heat and cool a house and run the equipment, apart from fresh-air delivery, is eliminated. This can be done on a large scale, and is being done by firms such as Structures Design/Build from Roanoke, Va., who are meeting the 2020 energy code by building Passivhaus buildings at market rates.

On the operational side of the equation—the energy needed to heat and cool a house and run the equipment—there is a need to adapt our thinking to also consider embodied energy. About 25 percent of the total energy used in building is in the structure's materials and construction. Again, here we can learn from the history of building.

When it comes to building a house, cement production is the biggest culprit of embodied energy, accounting for about 8 percent of global carbon dioxide emissions. But it wasn't always this way. While making cement kilns that fire at 1,450 C, the Romans knew how to make cement without applied heat. They used volcanic rock and lime in forms, and then submerged the forms in seawater, where the cement would harden. The resulting cement is stronger and lasts longer than conventional cement (see [this article](#) for more on this.)

The same is true of chemistry, and so does nature. While we consider CO2 to be a poison, nature uses it to build. Consider coral, which is made of calcium carbonate, also known as limestone. A company called Calera is using CO2 and water to make a lime for use in a variety of products.

Conventional Building Processes

As you may know it better, 3D printing—is about to revolutionize building. Conventional building processes use the “heat, beat, and treat” method, which uses a lot of heat and generates a lot of waste. Production often involves raw material extraction and transportation. At the typical layer-by-layer approach, layers of materials, studs, sheathing, weather barriers, siding, and paint are applied, and leaves behind a substantial amount of waste. All of these steps go away with the waste in material production—and in embodied energy—drastically reduced.

By tapping into nature's assembly line, Swedish architect Magnus Larsson is building in the Saharan desert by flushing a specific bacteria through loose sand. In doing so, a chemical reaction that results in structurally sound sandstone. Rachel Armstrong, a biologist, is developing “protocells” that are mixed with paint and programmed to thicken into a solid structure in response to CO2.

In the face of environmental pressures, conventional building practices must give way to more adaptive building. The traditional layer-by-layer approach will be replaced by rapid prototyping. CO2 will no longer be the poison in the air, but the feedstock. Our buildings will thermoregulate themselves. As we evolve, the distinction between building and nature will continue to dissolve—and our buildings will self-assemble. This is

NAHB IBS

Visit IAPMO
Booth W6083



R



Keywords:

SUBJECT:

Green Building Green Builders Green Communities Architecture
Building Envelope Design-Build Passive House Standard Passive Design
Sustainability

STATE:

Texas

LOCATION:

Charlottesville, VA Roanoke, VA

PEOPLE:

Allison Ewing

ORGANIZATION:

Passive House Institute

ARCHITECT



Building a City

Smart VMC Takes Shape As a Multi-Year Development Kicks Off

BROUGHT TO YOU BY LANDSCAPE FORMS

chools to
ome-



Open Design Collective Gets Communities Involved in Planning Their Own Neighborhoods



Nupur Chaudhury Imagines Public Health as a Matter of the Built Environment

